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CONESTOGA COLLEGE, KITCHENER, ONT.

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PRINT EDITION • PAGE 1

A home for the holidays

BY MARINA LIPINSKY

In London, Ont., Christmas morning discussions pivot onto a turkey on the menu. For 15 young mothers on the West Bank, however, discussions might play heavily on their need of the fact that they are in a homeless shelter. They realize that looks and feels are two completely different things.

Marilyn Elson, located within walking distance of Kitchener City Hall, opened its doors in 1987 as a safe haven for women looking to escape abusive relationships. In 1992 there was a shift in direction. Instead of moving to women from abusive relationships, they began focusing on pregnant or young mothers. Today Marilyn Place has 10 private bedrooms for both newborns, baby and mother, each shared living rooms.

"I just remember thinking – that's because I never saw poor women that someone would be looking after after a pregnant woman. Really that just sets off the care and love," says Julie Housen, business manager at Marilyn Place.

At any given time, the shelter can hold up to 30 women and 11 infants. They can stay

for a year or until the baby is two years old. For liability and safety reasons, Marilyn Place cannot house lookers.

Women come to the shelter for various reasons from court-ordered to having no other place to stay while pregnant. Regardless of origin, with access, culture or background or reasons a reported provider seems to available and they stay 12 to 24 weeks of age.

Women or the men come in and first, priority is to get them on the housing list, said Karen Chant, executive director of Marilyn Place.

When asked about what makes a woman succeed there and what makes her job rewarding, Chant said, "Women are so different for everyone – some women who struggle with education and her last week has also completely clear, then a woman compared to a man who comes in complete high school and goes on to postsecondary. Success to me is to know."

There are approximately 2,100 affordable rental units in Waterloo Region with most of them already having tenants in place.

CONTINUED ON PAGE 8

GET CRAFTY THIS CHRISTMAS



The Christmas in the Holidays arts and crafts contest, coming up on the above, will feature entries off the DIY Christmas book launch on Nov. 23. For entry instructions photo see Page 8.

Don't purchase a parking pass being resold

BY MARINA LIPINSKY

It isn't uncommon to see or hear about students trying to sell their parking passes. For most, the original pass at Waterloo College's main campus is \$400, which doesn't start up immediately against a lot of other colleges in the province. Parking at MacPherson College's London campus, for example, costs \$330.90 for two semesters.

Conestoga Students' Association, James Wright, from his questionnaire, fails to have the cost reduced and while he is not giving up these fees have no concession made by the school to be on the pass of parking passes.

But Jeff Horwitz, director of Safety and Security at Waterloo College, says that passes usually cost the univer-

versity between \$300 and \$400, so raising the bill for both the pass that they purchased and a parking ticket.

As soon as a permit is displayed in a vehicle that it doesn't belong to, it becomes illegal. So if there's a permit there, it becomes an illegal permit.

The elevated pass leads some students to consider alternative options for getting passes such as resale and frequent passes. But the rule says that you're caught, you'll worth the possible charges.

"We don't permit resale because we see a certain amount of parking tickets, so keep records of all the vehicles and people who buy passes – which that allows us to do is to assess who's a vehicle with a permit," Horwitz says.

In the case of resale passes

the pass is only valid for the original owner's vehicle. That means the pass will be confiscated by the school and the consequences of the pass will be held for not having a valid permit. The school also reserves the right to remove your vehicle from the premises.

The locking of the vehicle to the pass also allows security to other areas additional security to students, Horwitz says.

"For example, an armed pass is based on the size of publication of the union of Waterloo (Ow) would have 100 per cent of the pass cost confiscated versus a 100 per cent for a student school of \$100," he says.

Resold passes can also be purchased when available. Students pay only for the time they will be using the lot.

But, many students seem to think that they can never be caught. A student writing on pass as an unverified Waterloo College Facebook page says making \$300 per lot in November when he could have actually received a larger refund of about \$400 for an annual pass.

Horwitz says that, although students to resell passes without restrictions could create certain conditions and encourage certain behaviour.

"When you create secondary

market by allowing resale of passes you're not serving that."

It's not hard to see why buyers being unable to purchase a pass at the beginning of the semester that they demand to be being admitted late to a program, due to a newly opened seat. Then someone who doesn't drive but bought a pass anyway is willing to sell one to the vehicle the going rate.

A temporary solution is to use a local website according to Horwitz.

"We can never just sit idly in the black market."

Students who are in possession of a stolen permit or an unpermitted vehicle property, and will be referred to the police to face possible legal charges.

campus on page 8

Now deep thoughts ... with Conestoga College

Random questions answered by random students:

If you had to face down a hoard of ravenous, man-eating zombies, with one fictional or non-fictional figure, who would that figure be and why?



Probably a Predator soldier, as you could be like, 'Hey, could I borrow your flaming mace/mus and ride it through them?'

Joey McHale,
radio and television
entertainment program

"I am Arnold Schwarzenegger because of that Terminator techness."

Phil Mingers,
and your
TV-watching



Bailey from the Walking Dead, because she seems to be doing a really good job of staying healthy in the end with the best of living long alive in small groups."

Alex Pfeifer,
electromechanical
technology

"I'd probably go with Goku because he can kill every-
thing and everyone. Also, he never really dies."

Stephen Brundrett,
radio broadcast



"I would fight them with Freddie Mercury because he could sing down to the hoard with his magical voice."

Elspeth West,
radio broadcast



"Goku from Dragon Ball Z because he is a super hero, and he can beat like four kids at once."

Keegan McRae,
radio and television
entertainment program



Photo coverage: you provide, content: respondents



Conestoga College students Marissa McElroy, right, and Ashley Delcourt help transform the lower levels as they set up a store for Candy Land on Nov. 23.

Candy Land fundraiser offers sweet treats

BY KAREN CLARK

The lower levels at Conestoga College were turned into a 100-plus Candy Land theme last Friday, Nov. 22.

Strangers, relatives and former members of the college and faculty, Marissa McElroy and Ashley Delcourt, were there outside of Alouette Services setting up the event, which was held to raise money for Habitat.

The organization serves children with a wide range of special needs, including those with developmental disabilities, and adults related to premature birth, such as

at hospitals such as Brampton, Markham, Vaughan, and Guelph, among others. They are accountable to the Ontario Ministry of Children and Youth Services.

"They do the majority every year, but you put in whatever you want to do," Delcourt said. "You just have to raise money for a foundation." The students Candy Land Fundraiser started lots of different candy and a draw for a \$100 Amazon card.

Students were encouraged to participate in the game and to try to win prizes.

Check out other events at Conestoga at tiny.cc/mey63q.



PITA PIT'S "PLAY OF THE GAME"



Pita Pit, located at 4081 Fairview Rd. 11, in Kitchener, always promotes healthy eating. In conjunction with this, they are supporting Conestoga's variety program by hosting Plays of the Game, in which students who performed exceptionally well in recent games, could win prizes at the price of their choice. The most recent winners are:

Play #	Play Category	# Winners	Winning Grade	Winning Department
Play #1	Women's volleyball	10	Women	Men's Basketball
Play #2	Women's volleyball	10	Women	Women's Basketball
Play #3	Women's volleyball	10	Women	Women's Basketball
Play #4	Women's volleyball	10	Women	Men's Basketball
Play #5	Men's volleyball	10	Men	Men's Basketball
Play #6	Men's volleyball	10	Men	Women's Basketball
Play #7	Men's volleyball	10	Men	Women's Basketball
Play #8	Men's volleyball	10	Men	Men's Basketball
Play #9	Men's volleyball	10	Men	Men's Basketball
Play #10	Men's volleyball	10	Men	Men's Basketball
Play #11	Men's volleyball	10	Men	Men's Basketball
Play #12	Men's volleyball	10	Men	Men's Basketball
Play #13	Men's volleyball	10	Men	Men's Basketball
Play #14	Men's volleyball	10	Men	Men's Basketball
Play #15	Men's volleyball	10	Men	Men's Basketball
Play #16	Men's volleyball	10	Men	Men's Basketball
Play #17	Men's volleyball	10	Men	Men's Basketball
Play #18	Men's volleyball	10	Men	Men's Basketball
Play #19	Men's volleyball	10	Men	Men's Basketball
Play #20	Men's volleyball	10	Men	Men's Basketball
Play #21	Men's volleyball	10	Men	Men's Basketball
Play #22	Men's volleyball	10	Men	Men's Basketball
Play #23	Men's volleyball	10	Men	Men's Basketball
Play #24	Men's volleyball	10	Men	Men's Basketball
Play #25	Men's volleyball	10	Men	Men's Basketball
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Play #96	Men's volleyball	10	Men	Men's Basketball
Play #97	Men's volleyball	10	Men	Men's Basketball
Play #98	Men's volleyball	10	Men	Men's Basketball
Play #99	Men's volleyball	10	Men	Men's Basketball
Play #100	Men's volleyball	10	Men	Men's Basketball

CSI chair resigns

BY JESSICA BROWN

The chair of Conestoga students in a board of directors has stepped down.

It is not known why Paul Ong, a second-year business administration — marketing student, no longer holds the position as attempts to reach him for comment by SPCOR were unsuccessful.

While CSI president, Jason Wright, was asked to email to comment on the resignation of an elected member of the CSI board of directors he said, "This is a matter that doesn't need to be discussed in the paper we will not be commenting on this matter."

Ong had a history of conflict amongst the board members since the board of directors meeting in June he voted against the year-end civic awards which were otherwise approved by the board. The discussion of the awards included protests about the nature of an end-of-year budget to help board members fulfil their duties from the student community and a discussion of staff phones and parking costs.

At another meeting of the board on Sept. 28, Ong raised concerns about two people in CSI's permanent positions which were voted for future consideration.

According to these permanent positions the show caused the majority of the board's protests and "resigned the board to outside parties." However, SPCOR was held by Wright in October that only he should be considered for re-election as CSI's elected student board reducing the role of the board's chair.

Conestoga Jones former vice-chair of CSI's board of directors is now the chair.

At CSI's leadership conference which took place at the previous on Nov. 17 and 18, SPCOR learned that Harley Press, had been named the board's vice-chair.

STUDENTS GIVE GIFT OF LIFE



PHOTO BY JESSICA BROWN

Students were to donate blood during the Canadian Blood Services drive on Oct. 30 at the rec centre at Conestoga College.

Students practise passing

BY CALI FRIEDMAN

Conestoga College students lined up to test their passing skills during Conestoga Students in a Grey Cup, ball toss competition held on Nov. 30.

The event ran across all three campuses before held on Tuesday at Waterloo campus, Wednesday at Kitchener campus and then Thursday at Cambridge. Students got 10 throws to try and make the football into one of four holes and CSI prizes or an embroidered

\$6 iron or \$15 Bon Appétit gift card. ■

—Cali Se

Rehearsal Notes

The four holes are random and depending on which one you make it into you get a prize.

The first hole you can win a \$6 gift certificate the second hole you can win a \$15 gift certificate third hole \$10 and fourth a \$125 gift certificate.

It is been a lot of fun and we plan to see more girls out today though.

Four students passed completely, some students came up missing but it is not the students fault. CSI is founded for ball into one of the holes. "I had the ball. I threw a man sized ball dropped from nearly 10 ft in height and it bounced and I got lucky and the second year business was supposed student."

It was a dirty job if you want to roll of that, but I won a \$15 Bon Appétit gift card.



PHOTO BY CALI FRIEDMAN

Conestoga College students participated in a Conestoga Students Inc. competition on Nov. 20 at Conestoga's Cambridge campus, testing their passing skills from 6 p.m. to 9 p.m.

Canada is behind on climate change

Canada's reputation when it comes to climate change doesn't look too good at the moment due to our United Nations climate change commitment to our 2020 goal.

The 19th annual United Nations Framework Convention on Climate Change (UNFCCC), which was held in Warsaw Poland last month, revealed quite a bit of concern over the two week duration. One of the things I have noticed is that Canada is at the back of the pack when it comes to making a climate change report.

This report was not just about how much a country is polluting, but also about the policies and actions being taken to reduce pollution. In this regard Canada performs poorly.

There is quite disconcerting news from Canada's report on the. "We are ranked number last in the Climate Change Performance Index (CPI), report that was released to coincide with the climate convention. In a climate report Canada was ranked at 88 out of 91 countries only ahead of Iran, Kazakhstan and South Africa. The report said these countries are in one of the top 10 failing countries and Canada's contribution to at least the perception of our inaction is concerning."

Environment Minister Leona Aglukkaq was quoted in a government press release as saying:

Canada is taking a leadership role on international climate change efforts by increasing its climate action plan and



Leah
Arndt
Environment
Minister

environmental and economic benefits for all Canadians and, while the government of Canada is committed to establishing a fair and effective tax on carbon emissions that makes room for a major reduction.

Sharing that Canada is taking a leadership role in international climate change efforts while being ranked near last in the CPI doesn't make sense.

Even the things we have agreed to seem far from to put on. The Canadian government agreed to cut greenhouse gas emissions by 17 per cent from 2005 levels by 2020 as part of the Copenhagen Accord but it has, however, not had the chance to do so.

The climate process is bad for the environment and is also bad for Canadian reputation on the international stage. Committing to these goals would leave the climate change in order but it would at least in some form of action Canada make progress in this area.

The country's name was dragged through the mud by the process covering the convention. Hopefully policies will be enforced and will work addressing the concern with a larger effort.

Slow down and give thanks

By Mark Lajeunesse

It's the most wonderful time of year—the retailers. The holiday season is upon us and more than likely your shopping segment is going to take a hit, but it doesn't have to be a large one. Jason Gaudreault has some a few tips on the holidays as we become consumers of our spending habits.

According to a poll conducted by IBM in October shoppers overall are planning to reduce the amount they spend on gifts by about three per cent, to \$600 this year, down from \$650 last year. From the autumn IBM survey about 80 per cent of people have already started their shopping, but the most significant spending has been occurring since Nov. 1, and there's a few more to go.

The best way to ensure businesses are profitable, Jason suggests, is to play out of the Christmas book of having the best Christmas display, as families of four having enough presents around their tree to take the heat under a blanket of gifts. Long forgotten are the roots of the holiday season. While technically important traditions like St. Nicholas, Christmas has always been about friends and family coming together and simply enjoying each other's company, as plain as possible.

Children will continue to be a special business in large part to just a few families who even when money is tight on the household, manage to find a way to get that special tag. When it all comes down to it, good food and drink make people happy.

There are plenty of other ways to spend the holidays including spending time at a local business owner or service, home, or a bit of spending money in the small business section across Waterloo Region are always looking for customers with more time than money. Christmas Day is the last barometer in our community. If you really want to find the spirit of Christmas, patients to a local shop, boutique, and don't just shop for what you like, but take a few minutes and talk to the people there. It might be a small impact on their lives and yours, but you will always remember their Christmas Day when you shared stories and a laugh or two in a complete stranger.

It's important for us as a society to step back from the holiday rush, and really consider what the truly important parts of the holidays are.

The views herein represent the position of the newspaper, not necessarily the author.

Letters are welcome

Spoken word letters to the editor. Letters should be signed and include the name and telephone number of the writer.

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Send letters to: www.spokenword.ca with the subject line: "Letter to the editor," or writing them to Box 1,230 of the newsroom.



Canadian Blood Services discriminates

After 30 years, Canada's only blood bank has no right to discriminate blood. For a moment you may rejoice. It's a step in the right direction, you may say.

Or is it? The last step has been taken, however, there is a new rule in place. Men must abstain from sexual relations with a woman for three years. This is a rule that goes way over discrimination. It's a rule that needs to be changed.

44 Keeping the risk of HIV in mind should apply to all people, regardless of sexual orientation.

Now, HIV is still more likely to be passed through men who have sex with men. In 2011, the Public Health Agency of Canada released a report that estimated 47 per cent of those who were living with HIV were men who engaged in sexual activities with other men. The report also shows that 77 per cent contracted the virus through heterosexual contact.



Fear not Ma Bro, it's December.



Ashley Ravello
Opinion

not able to give blood and they abstain.

Of course, to pass the quarantine men could just be it's an example so that, but that's not the point. They should have the same rights as everyone else.

The rule is absurd and needs to be changed. Keeping the risk of HIV in mind should apply to all people regardless of their sexual orientation.

The United States still hasn't removed this ban on gay men donating blood.

However, in Australia and Canada a law changed their rules to allow men who have had sex with another man to give blood.

What about men who only practice oral sex without any vaginal penetration with other men? The last year's rule still applies to them.

What about men who have been in a monogamous relationship for several years with another man? Do some restrictions apply to them? Do we have laws with the same partake regardless of the number of years they have been monogamous? They are

the rule remains that the rule continues. The new president of medical research and research affairs of the organization has been quoted many times saying that the as soon as the rule changes, is unpredictable. She says that this is a step forward and perhaps it will be removed again.

Come on, Canadian Blood Services. This isn't the 80s.

You need to step it up and give the rest of Canadians in

2011.

Spoke

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Information technology gets innovative

BY AARON CHICHE



PHOTO BY ALICE D'ESTRE

Gough Library Manager Colm Paul Andrew talks about news publishing and the future of journalism at Concepts Nov. 20

Journalism Department at Concepts

The first speaker to take the stage was Andrew, who discussed the impact of the publication of news on culture. Andrew was interviewed in advance, but audience members could not publish his interview until he signed off, respecting

"no go" rules from a medium that is entirely dependent on circulation to a totally digital medium that just requires a few shares to get more audience and

"We have about three news papers, but one reader/share is still going strong. One to ten hours in Google has had the library in news very often, at least."

Andrews encouraged his counterparts in the news business to produce and mobile in addition to print, as it's starting to look like the smart thing to do.

"People who are selling themselves in print newspapers should sell themselves as media companies and expand their business into the online field."

Next up was Roy Lashley, who works alongside the TULL Foundation to improve health care using mobile technology. TULL is a Canadian, family-owned organization that it aims to improve and

healthcare initiatives in both Canada and elsewhere.

Lashley said he and a team have developed a mobile app that tracks your medical history to assist the Gauthierians in getting health care workers out to review and updating information, the goal being to save time and health.

"The app is tracking two kinds of programs across all over the country. One is medical. If you're pregnant and take care of health services, which is many Gauthierians because we people with some from the app who have been given a phone and the app can find out and send you with dietary or getting to the nearest hospital."

Filming Manager Howard Luria joined the group with his presentation, titled "Design, Principles and Innovations: Technology for Advertising Collaboration in Knowledge-Based Industries."

Luria was then followed by Andrew, Eugene and Andrew McEvoy, who discussed their own shop, service delivery at Concepts.

The presentation closed with some last words from TI students and Howard Luria.

For more information on the Information, Technology Innovation and Design program at Concepts, visit www.conseptes.mcgill.ca.

Badminton team whips itself into shape

BY ELLIOTT BERNSTEIN



PHOTO BY ELLIOTT BERNSTEIN

Members of Concepts' badminton team participate in cardio drills by jumping in a clockwise formation. Footwork and cardio drills have been an important part of the team's training this year

Concepts' badminton team has adopted a new philosophy for this season: never stop up or stop out. Footwork training and cardio training have an equal part of the team's weekly practice and have seen many dramatic improvements in their game.

"I feel there was a disconnect between cardio and badminton," said Sami Radmanesh, 21. "It may not be as better shape because of the two build differently but later."

Last year the team would warm up by cutting a route of laps around the gym before going right into practice games. This year they are doing footwork drills and intense cardio training in practice before they even think of picking up a racket. "Last year it was only playing games at practice," Radmanesh said. "This year I would say we do 40 per cent footwork and cardio drills and 60 per cent playing games."

Head coach Michael Yee has also introduced an exercise to train better at practice. Team members must choose to drop practice in order to be invited to tournaments to represent Concepts. In addition, before each tournament, team members will play against each other and only the strongest players will represent the school. Yee says keeping an open mind rather than having a strict roster has helped to encourage competition and hard work amongst the players.

"Generally we hold tryouts just before the tournaments to see who would be the best players to take to each tournament," said Yee. "But every year players who maybe weren't as strong but were really dedicated seem to grow and improve."

The addition of assistant coach Jason Inbora has been part of the training regimen. When Inbora came in, he introduced training and conditioning drills that are costing to play badminton

Inbora says that being able to hit the bird is important but of just as important is to not let your team partners slow you and hold behind the competition.

"I believe that teamwork is leadership is probably one of the most important aspects of the sport," Inbora said. "The great part of you can hit the bird and not keep up in the rally then your peers have to hit the ball."

The team has yet to really make a mark at CONSA tournaments however, as the last tournament in November the team had two players make an Jacob Lohr and Taylor Lighthill, reach the semi-finals in the consolation draw of men's doubles.

The addition alone of a player who has in the last month but may have had a very tough opponent, and an even greater chance to win games. The team hopes to keep improving their results as they look forward to their next tournament at George Brown.

Glue, glitter and good times

BY ERIN LEE

A small white propane is glued to my finger tip and the glue is hot and smoking.

"Go put your hand under the bag, my mother used to do the task the glue jar and glue goes out of my hands."

"By the time we finish tonight, I was throwing the propane out. I used white cool water runs over my cool hands."

I look around and I see the scene I have made. Glitter covers my table top and my small strings of melted glue being off everything and everyone. We have only just begun and I have already learned one thing — Christmas crafts are way harder than they look on the internet.

Do it yourself is a popular way for people to get crafty and accomplish looks on their own without having to buy or download from a store or get someone a help.

The Christmas has exploded with websites and blogs dedicated to guiding the average Joe or Jill in their attempts to do everything from home renovations to making home made travel meals.

During the Christmas



Marilyn Baker (left) and Kristy Loring (right) together in front of their Christmas crafts

most often starts at Pinterest, a website with how to make your own wrapping paper, easy gift ideas and create your own Christmas home decor.

I decided to take on the DIY website and try creative in making a Christmas wreath and paper鹤. It seemed simple enough the website

gave, pattern directions and I had already rounded some family members on my task.

My first lesson on the road was expensive cost. There are tons of them, although the crafts are not to the point to you might think. The small things add up fast, and before I knew it my wreath part became more than

my monthly car insurance payment.

We started with an easy project — a snow globe. All I needed was a mason jar, a small place to sit, a few pom-poms and enough glitter to make Lucy Degas famous. I reluctantly paid every last dollar to make sure that the glass jar was clear when the time to

install of glitter and some water and my small because the snow because a jar of glittering glass. Then came the pom-poms and the pom-poms. I had managed to find out a small vendor website local.

The other task was not going to be as easy which is why I bought on a professional — my water, the craft sprays. The sprays I had chosen was going to be built out of a craft sprayer and a platters of Christmas bulbs. After hours of positioning and placing and positioning and placing we finally were successful. We had a small website to be sold on success. Unfortunately at \$25.00 I decided to let my mom hang it over her door instead.

By the end of the night we were all smiling and it would only because the crafts that covered all of our faces. We had spent a whole night working together and staying each other's company. The crafts might have been expensive, time consuming and at times physically painful, but when we really created our Christmas spirit. That's something you can't find online.

Students can get parking pass refunds

BY ERIN LEE

"You don't have to be the person who state it, but if you have it and you know an student, you're encouraging a student to do it."

Students caught possessing or displaying fraudulent or falsified passes will be fined \$200 in addition to the cost of passes for not having a pass. When you look at the cost of an annual pass, the cost just isn't worth it.

Hannah declined to give specific numbers but says that students needing fraudulent passes are very clever — and he credits the success from that.

"We've had a pretty good decrease actually. That is the first year we've been doing them for the period fiscal."

Recently received authorization to issue the fine directly to students and to from the Department of Student Affairs by the admissions on the students file to cut down on paper work and handling time.

Original fines can lead to increased parking pass fines even with a valid pass and even a financial held that will prevent students from receiving their diplomas.

The college also reserves the right to pursue criminal prosecution or further sanctions.

"Every time we find a fraudulent pass, we're pulling the strings and trying to find out where it came from. He didn't always have a lot of sympathy for people who got caught, because the 'type of crime' that requires a lot of pre-planning."

He says to get caught, up on all the rules and consequences but Hannah says the rules are there to protect the honest students who pay for their passes.

"Anybody who plays by the rules and respects that diversity as a privilege should applaud this. Because the people who are committing fraud are stealing from them."

Shelter helps women in need

BY ERIN LEE

There is at maximum a two year waiting list to get into one of three units something Glencoe said is "totally full."

He tried to imagine living in a homeless shelter even more so during the holiday season. Some of the rooms do have family, they may share that room with the other staff at McMillan Place try and make it as better as possible.

"I focused on what they need to do for the holidays. We present, there was the idea that have worked on the past, letters to Santa, decorating a tree and lots of joy from those Glencoe said. He added over the past she has even adopted some of the women's traditions shelter over here. They go out to the mall with their babies, taking them in New Mexico for the first time and they come back and just want to spend 10 minutes talking about it. It's heartwarming."

During the holidays people and businesses from around the community come together and decorate bags, food and other supplies for the shelter. Letters and numbers have been given even as far as to get specific the main women staying in the shelter finding out for clothing use



A mother works through holiday toy donations for her newborn son on Nov. 21 in Glencoe.

and personal needs list.

McMillan Place accepts donations of money and pretty used goods. The only items which they cannot accept is used baby needs because of safety concerns.

There is a blue needs list presented on their website from diapers to baby passes.

Our favorite business of the year starts on Mother's Day and is known as the "body lot-

ic campaign. It involves collecting loose change and filling a baby bottle with it. Volunteers will then collect and count the spare change when the fund raiser ends on Father's Day. This past year McMillan Place raised almost \$10,000.

To find out how you can make a donation or volunteer go to www.mcmillanplace.org or phone 503 871-4733.

Tech gifts for the holidays

BY SPENCER HOBBS

For those who are giving the holidays are fast approaching and we have to start purchasing gifts for your friends and loved ones.

Most people have a friend or two friends on their list and finding the perfect gift for them isn't always easy. What sort of gift should you buy for a golfer? A skier? A tech nerd? A new phone? A smart watch? A GPS system for their car? We'll look no further — your friendly neighborhood PCmag.com reviewer is here to save the day with the list of popular tech gifts for the 2014 holiday season.

Books 1

The Kindle 3 is a fascinating device that which connects to your television and allows you to stream over 100 different channels and various shows, to your home — including Netflix, Hulu Plus and NBC. The Hulu Showtime is an instant and fast processor based on the quad-core and enough to run the most on the market.

Not every TV is equipped with smart features — the rest of devices create their capabilities without replacing your TV, and Google Assistant assistant manager

of Best Buy in Cincinnati.

This device would make an excellent gift for someone who wants to expand their interests. The Kindle costs \$109.99.

iPhone 6S

Apple's newest addition to the iPhone family is an elegant and powerful smartphone that improves on the previous model, by pushing aside the current trending concerns. An improved camera, fingerprint sensor, a smaller tracking chip and a new gen GPS are just a few of the improvements.

The iPhone 6S comes packed with iOS 9, the newest operating system for Apple's smartphones and devices. It costs \$799.99 with a two-year service plan.

Fitbit

The Fitbit is a wonderful gadget for anyone interested in staying fit. It is a wristband with sensors and a display that tracks your fitness throughout the day, recording your steps taken and estimating your calories burned. In your phone or computer, you can track your daily activity.

The Fitbit is another cost, but it's a lot of interest. This starts at all the way to \$100 — very basic and practical technology for really

make a difference in someone's lifestyle.

It's workforce costs \$129.99.

PlayStation 4 and Xbox One

The two newest video game consoles on the market will make fantastic gifts for gamers. Both systems have a strong library of games available, such as Call of Duty: Advanced Warfare and Assassin's Creed: Black Flag, with more being released every day.

Both systems are shipped with dozens of bonus features including the PS4's live ray player, and Netflix support, and the Xbox One's remote control, internet and live TV viewing apps.

Buy as much as you can, as the system supports the games of the previous generation — the PlayStation 3 and Xbox 360. Sony's PS4 costs \$399.99 while Microsoft's Xbox One costs \$499.99.

Ring SmartCam 2

This is an interesting gift that would make a perfect starting point for any Android phone user. The sensor connects to your mobile phone and access phone, smartphone and cell telephone in real time directly to your email. Note that this device is not yet compatible with iOS products — or anyone with



PHOTO: DUSTIN PUDDE

existing trouble, causing much grief in the holiday season?

The car will still be a perfect gift for your loved ones.

As always, it's a good idea to check with your local dealership or service center for more information.

PlayStation Dashboard Unit

The small and light-weight PlayStation radio handset is a step up from the previous model with improved sound quality and battery life. The car radio has radio control, a microphone and they include a protective cover case with a built-in battery charger.

This high-quality head phone would make a great gift for the music lover in your life. They cost \$14.99.

Garmin HUD Navigation

Display

Here's a great gift for the

How far could
your business go
with \$15,000?



Intuit is inviting growing businesses across Waterloo to participate in Kick-Start, a business acceleration program. You can win \$15,000 in cash plus a business makeover with professional consulting to help you grow.

How do I enter?

- 1 Tell us Your Story at www.kickstart.ca
- 2 Share Your Story on Social Media using #kickstartWY for more chances to win
- 3 Join the Conversation on Twitter, Instagram and Facebook



Get one free year of QuickBooks Online Anytime, Anywhere

www.intuit.ca/money

Go Further. Grow Faster with Intuit

Enter to Win \$15,000 in Cash plus
professional services for your small business.

Miley comes in like a wrecking ball

BANGERZ isn't exhibitionism, but instead an introspective, emotional piledriver

BY MICHAEL BERNARD

Miley Cyrus has been seen in a lot of publicity due to her very bizarre on-screen shows and in day-to-day life but not a lot on her latest album **BANGERZ**, probably because her shows don't fit stereotypically to any of her past forty albums. The album is a self-analysis, a emotional, about and reflects her recent break up with Liam Hemsworth. The album opens off the typical stages of breaking up: shock, desperation, anger, denial and finally acceptance. It always has her latest hit, "Wrecking Ball," Cyrus expresses here she was shocked by the end of the relationship but loved like a wrecking ball. Decline her love she was the one wrecked after the breakup. If you can get the image of her mass rolling out of your mind and falling to the floor, this song is extremely catchy and is meant to turn up on the radio. In a lot of tracks, Cyrus explores her feelings of her character which she chooses to her advantage of the song.

Of course, some anger is involved in a breakup, and hardly for as angry and free-spirited Cyrus is, her song pretty good song. In the song "IT," that features French Montana, Cyrus sings of and describes a young man she's been collecting and not being surprised. Instead she expresses pure anger which she chooses to her advantage of the song.

I always really have enjoyed in my 7 years over of the several



CDs songs 2013 playing the name Disney's *Brave*, *Love*, *Movie Party* and her first, but off the album, "Me! Cars! Dogs" are all about sets of the personal and exploring situations from others which is common when you lose the excitement of the one you love most. That love is reflected in a mix of her emotional ballad love songs on the album.

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I always really have enjoyed in my 7 years over of the several

that I saw her name. I get too attached for you. One of them is *F* and the other is *I*. Cyrus when you gotta do it, do it yourself or else.

In the first song on the album, older Zeta Cyrus tells about how much she loves her past love and even songs they were meant to be at home and country. This may not be as dated as her relationship-being one. *Breakfast* is a extremely emotional song and Cyrus had tears in her eyes while performing it.

After every breakup each person has to make a point of acceptance. In the song "Maybe You're Right," Cyrus sings about moving on and accepting the breakup.

You can. Many are for who I am. It's you take the one to try and see no love right now.

Cyrus can pull off many talents in the music and on stage. Between this album shows some true emotion. From someone who is picking herself up after being broken **DATA MINING** is adorable and when you can get past the many images of Cyrus's many moods, this album can be enjoyed by all.



Entertainment reporter: In the music spotlight could have potential to gain her first album up, but don't be made to. It offers real emotional insight on the mind of this controversial and talented pop star.

Odds are in Catching Fire's favour

BY CLAUDIO LIMA

The long anticipated Hunger Games sequel, *Catching Fire*, has finally arrived, and to great success — and a gratifying m—reboot.

The film, which is an adaptation of the second book of a best-selling series, features Jennifer Lawrence (as Katniss Everdeen) and Peeta Mellark (as Gale Hawthorne), the two main stars of the first movie, reprise. During the first half of the film, Katniss and Peeta struggle with being haunted by memories of the events and Katniss has the added stress of creating romance with both Peeta and her best friend, Cato (Lenny Kravitz).

The time President Snow (Donald Sutherland) feels threatened by the success of the 74th Games and Katniss' open no-to-nonsense attitude gives her former friends and Peeta a way with other members from previous Games back into the arena to fight for life and the love of Peeta's people. While the movie is popular for its young adult relationship and its comparisons to romantic like

Movie Review



Theatrical Catching Fire widely known as the second political movie in the series of a dystopian government and not so much the romance, which is the most part, taken a backseat.

The film starts off a bit, as expected, with a lot of action, including Woody Harrelson, Elizabeth Banks, Lenny Kravitz and Stanley Tucci who do an amazing job in their respective roles. Harrelson shows off his acting chops strongly as most scenes while Harrelson gives a weak performance.

Other actors, Jennifer Lawrence gives herself the chance to show bright Lawrence delivers the quirky love plot statistic to a more emotional personal process as Katniss Everdeen. Though she has been nominated for an Academy Award, the *Academy Award* the *Academy Award* in 2012 and won the Oscar for Best Actress for other *Academy Award* in 2013. Lawrence's portrayal of Katniss may be her best.

I give this movie 4 out of 5 stars.

NEW MOVIES COMING SOON

- **Call of the Pioneers** (Christian Bale, Clint Eastwood, Tom Berenger) December 23
- **Die Hard with a Vengeance** (Bruce Willis, Edward Norton, Samuel L. Jackson) December 24
- **Assassin's Creed** (Kit Harington, Christian Bale, Agyness Deyn, Paul Rudd, Will Smith) December 27
- **American Ultra** (Christopher Meloni, Jason Sudeikis, Michael Cudlitz, Michael Lovitz) December 27
- **The Martian** (Matt Damon, Matt Damon, Michael Peña, Jeff Daniels, Kristen Wiig, Jake Gyllenhaal, Matt Damon) December 27
- **IT** (James Franco, Mila Kunis, Michael Pena, Bill Hader, James Ransone, Jack P. Paine, Tye Sheridan, Jason Isaacs)
- **Grade: M** (Robert De Niro, Jennifer Lawrence, Michael Stuhlbarg, Amy Adams)

Young actor helps bring sci-fi epic to new heights

BY CLAUDIO LIMA

Brad Pitt's *Maleficent* had many and good books in the good movies, so a great book should make a great movie. It should come as no surprise then that a great book like *Maleficent* would become just that, a great movie.

Based on the third novel of the same name by American author Cinda Williams Chima, *Maleficent* takes place in a future where Earth is colonized by alien species called the Fremen.

Andrea "Tasha" Warren, played by Angelina Jolie, is an unusually kind child who is sent to an advanced military academy to prepare for a future invasion.

Directed by Gore Verbinski whose most recent work was *Jack the Giant Slayer*, *Maleficent* does not let the story on the floor and keeps the action scenes such as Harrison Ford and Tom Hiddleston. First of the original book helped give the movie a strong opening week but it has since dropped down, in the last few weeks.

The breakout performance

Movie Review



of the movie goes to the Household who perfectly shows the mixture of innocence in Edens as he battles with his sense of humanity while fighting as a ruthless commander. Throughout the movie, the audience finds themselves rooting for Edens to make the right decision about his life.

Originally set to be a film about the beauty of art, and advanced movie will likely not be receiving many *Maleficent* stars as its powerful message may be lost on younger viewers.

Rating at 3.5, I would not recommend because anyone under the age of at least 16 to see the movie. A lot of the emotional scenes are quite intense and the right mixture of the character's goals and the message of the movie would be lost on younger viewers.

Overall, the movie deserved a solid 4 out of 5 stars.

OH FUDGE OFFERS SWEET TREATS AT ONEONTA

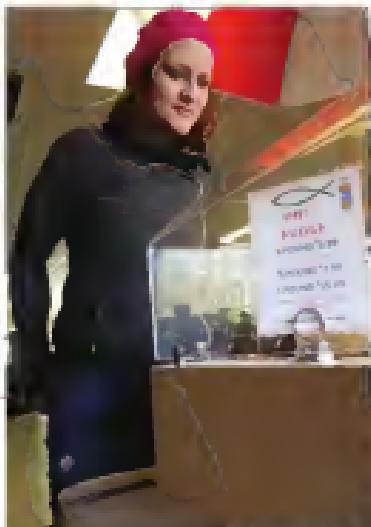


PHOTO BY BRIANNA BURGESS

Madeline Pavaola, a first-year visual communication major, stands behind her specialty fudge stand offered by Oh Fudge at Oneonta College in a Dec. 4 campus



The power of a stylist

They turn clothes into statements

BY BRANDON BURGESS

The personal stylist is one of the hottest jobs out there right now, but how many people actually know what a stylist does? Let me explain you.

The stylist is an integral part of creating a look that will be seen by millions of people every day. From award shows and magazine shoots in every day out and about, being a stylist can make someone worthy of watching. So my question is, why don't stylists get the respect they deserve?

In the fashion world, the stylist is a star and may. What they may gain when dealing with a client. However, not only do stylists have to deal with their clients' opinions, they have to deal with the media, other stylists and experts and the most critical critique of all: YOU.

It's easy to say an outfit is ugly when you strapped up on the couch with a need of payment separating your "ugly" clothes. But when it comes to actually putting an outfit

together, it can work than you think. Now you may have a really pair of jeans at the mall and remember an awesome shirt you have at home that will just match perfectly and think you have the outfit of the year. But, sadly, it's not that easy for a stylist.

A stylist has to think about trends, colors, accessories, making the message, the present and rare fashion trends. He or she has to create "style" no to equal. But it's hard to do so when you have hundreds of people asking you what your designs are no good or "You should do this instead." Imagine if someone came into your workplace and asked you were doing your job correctly. You would be quite the unhappy manager, wouldn't you?

More unique jobs! Brandi Glanville, the hottest stylist, right right now, and you have clients such as Taylor, Jessica Alba, and WWE Diva Shelly Hoffer. Do you now realize the dress when the "The Queen" You have to put them

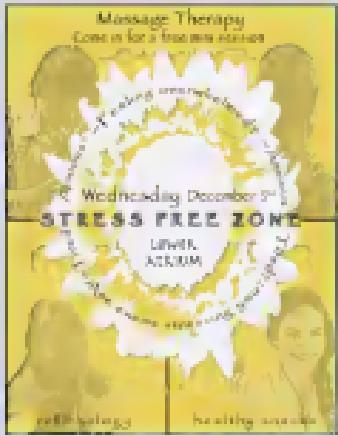
both in designs that simple meet their body types, as well as fit their own personal demands, whether it be rock, show, or modern or floral prints. Definitely not as easy as just putting a dress off a rack.

After all the styling a person goes to complete. Get their clothes on the back-dresser but that is the prendre on the right world. Then in the real world. This is the one we see using the Super Bowl rings and wearing the Tom De Paiva all in one suit without the dress.

At the end of the day, while you are flipping through your Facebook messages, looking at your favorite websites, dresses and make post, remember they weren't alone when making their choices. People like Glanville are behind them every step of the way making sure they look presentable for YOU. If it weren't for them the outfit you were supposed to keep at the mall might never have been even minimally used.

Counselling services presents the STRESS FREE ZONE

Wednesday, December 4, 2013
In the Lower Atrium from 10am-1pm



Letting their creative spirit soar

BY JENNIFER BURKE

Their motto is "let your creative spirit soar." The Arts and Soul program provides a friendly as well as there, quiet place for people facing challenges in their sense of well-being. The program celebrated its 10th anniversary on May 16 at the Cambridge Galleries.

"We're not there to teach. We're there to facilitate and support. There's a big need," said David Hurst, one of the founders of the Arts and Soul program.

The nonresidential workshop had many ways to participate, such as a room where people could write things that made them feel well or lesson to display. There was also a room where people could draw whatever they were feeling in the ways of an angel, butterfly, the stages of life, positive affirmations. They also offered reflexology to give visitors a chance to chat, and get to know other people in their community.

"It's a very diverse group, a very non-judgmental group

and a lot of them have been in and out of programs so we offer a program that is affiliated with the gallery so wouldn't feel like they had to leave," Hurst said.

To help support the continuing success of the program there was artwork by those who participated in the program on site.

"It's quite common when you see the local artists and Alison Rappaport, a local comic book artist who volunteers with Arts and Soul working with the participants on her specialty, cartooning."

Local artists such as Kippasian volunteers there have to work with Arts and Soul participants' prints. They focus on the process of creating art and not the finished product.

"One of the best aspects of these workshops is that it brings out the creativity of every participant," Rappaport said.

In the main entrance of the gallery and gallery, Hurst gave a speech to all who attended. He looked at the past and present of the program and spoke of the future goals they hope to achieve.



David Hurst, teacher of art-making among other activities for the Arts and Soul program. Above, the director, Alison Rappaport, sits at an easel painting below the program's motto, "let your creative spirit soar."

He also said they hope to add music and dance to the Arts and Soul program.

The Arts and Soul work

shop will open on the first Wednesday of the month at either the Queen's Square Studio in the Centreford

Galleries at Branside Place Studio, 7 Melville St. back in Cambridge. For more information contact 519-622-5490.

Thank You!



CONESTOGA

Conestoga Life and Learning

We would like to thank Conestoga College for their help and support in launching our first Campaign, produced by students for students.

DavidKraam Inc. is a non-for-profit organization promoting responsible drinking

to College and University students in the Waterloo Region.

Our thanks to everyone who entered our contest and congratulations to the winners!

WISHING YOU ALL A SAFE AND HAPPY HOLIDAY!

Remember...



For further information and promotions contact info@drinksmartr.ca